

# SJS DII Relay Judge Officiating Instructions

## 4 x 100 Relay

- Officials flags will be available in the clerking area on the north side of the track.
- Please return flags to clerking area.
- There will be multiple schools at each exchange zone so when you arrive meet with the officials from other schools assigned to your relay zone and decide who will watch the front of the zone and who will watch the back of the zone.
- Competitors receiving the baton (2nd, 3rd, and 4th legs) shall be positioned entirely within the limits of the 30 meter exchange zone (**between the small yellow triangle and the second large yellow triangle**) before the race starts.
- The baton (not the runner) must be within the exchange zone when passed (handed off not thrown). The incoming and outgoing runners shall not simultaneously touch the baton outside of the 30-meter exchange zone.
- All track rules relative to fouling or interference apply to relays (*See NFHS Rule Book*).
- A baton that inadvertently leaves a runner's hand must be retrieved immediately without interference to other runners.
- If a baton is dropped in the exchange zone either competitor may retrieve it, even from another lane, provided the competitor does not interfere with an opponent and the baton is retrieved within the limits of the original exchange zone extended across the track.
- If the baton is dropped outside the exchange zone, it must be retrieved by the competitor who dropped it.
- After passing the baton, the relieved competitor should stand still or jog straight ahead and step off the track when clear.
- The baton shall not be thrown following the finishing of any relay.